

# Adding a Measurement

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1. [Search](#) for a patient.
  2. Click **Show**.
  3. In the Main Menu, click **Measurements**.
  4. Click **Add** for the appropriate metric that was taken.
  5. In the measurement field (e.g., BMI), enter the value of the measurement.
  6. In the **Date Measured** field, enter the date & time when the measurement was taken.
    - a. By default, this will be today.
  7. In the **Confidence Level** field, select either Clinical or Non-Clinical.
    - a. Note: If the patient has taken a measurement by themselves, or a non-clinical representative, select Non-Clinical.
  8. Click **Save**.
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